ANATOMY – Cubital fossa

Cubital fossa = triangle hollow area that lies in front of elbow joint

**Boundaries**

*Superior* – imaginary line connecting medial + lateral epicondyles

*Medial* – pronator teres

*Lateral* – brachioradialis

*Floor* – brachialis and supinator (overlying capsule of elbow joint)

*Roof* – deep fascia of forearm ± bicipital aponeurosis

**Venous structures**

Present on roof:
- basilic (medial)
- median cubital (middle)
- cephalic (lateral)

**Contents**

From medial to lateral:
- median nerve
- brachial artery → branch into radial and ulnar arteries
- biceps tendon and bicipital aponeurosis (separates median cubital vein from brachial artery)
- radial nerve